

# The 30-Day Declutter-to-Earn Checklist

A simple Feng Shui experiment for **focus, calm & opportunity** — no big changes required.

30-DAY CHALLENGE

2-5 MIN DAILY

ONE CORNER ONLY



# The Goal

## What This Experiment Is For

Reduce mental noise, improve focus, and create space for career & money opportunities — without big changes, expensive tools, or complicated rituals.

**Money follows clarity. Clarity follows space. Space begins with one corner.**

## How to Use This Checklist

- Choose **ONE** corner only
- Commit for **30 days**
- Daily effort: **2–5 minutes**
- No buying. No rituals. No perfection.

ⓘ Pick only one corner. More is not better.

# Step 1: Choose Your Corner (Day 1)

This is the most important decision of the entire experiment. Pick one and commit.



## Work Desk

Where you spend the most focused hours — highest impact for productivity.



## Southeast Corner

The traditional Feng Shui wealth area — ideal for career & money intentions.



## Home Office Shelf

Great for clearing mental clutter tied to unfinished projects and old ideas.



## Living Room Corner

Affects the energy of your rest and social space — good for overall mood.



# Step 2: Initial Clear (Days 1-2)

Remove anything that falls into these categories from your chosen corner:

## → Broken or Unused Items

If it's broken and you haven't fixed it, it's not coming back.

## → "I'll Fix This Later" Items

These are energy drains disguised as intentions. Remove them.

## → Old Papers & Expired Notebooks

Outdated information creates mental weight. Let it go.

## → Unused Cables, Chargers & Tools

Tangled cords = tangled thinking. Clear them out.



If it hasn't helped you in the last **90 days**, it doesn't stay.

# Step 3: Daily 2-Minute Reset (Days 3–30)

Do this once a day — preferably in the evening. Set a timer. Stop when it rings.



## Clear the Surface

Remove everything completely — start from zero each time.



## Put Back Only Essentials

Return only what you truly need. Nothing decorative, nothing "just in case."



## Wipe Once

A single wipe with a cloth or tissue. Physical cleanliness signals mental reset.



## Ensure Light Reaches the Corner

Light is energy. A dark corner is a stagnant corner.



Stop after 2 minutes — even if more remains. Discipline over perfection.

# Step 4: Weekly Energy Flow Check

Once a week, pause and confirm your corner meets these four conditions:



## Well-Lit

The corner should receive natural or artificial light. No dark, shadowy spots.



## Nothing on the Floor

No items stored directly on the floor in or near your corner.



## Nothing Leaning or Collapsing

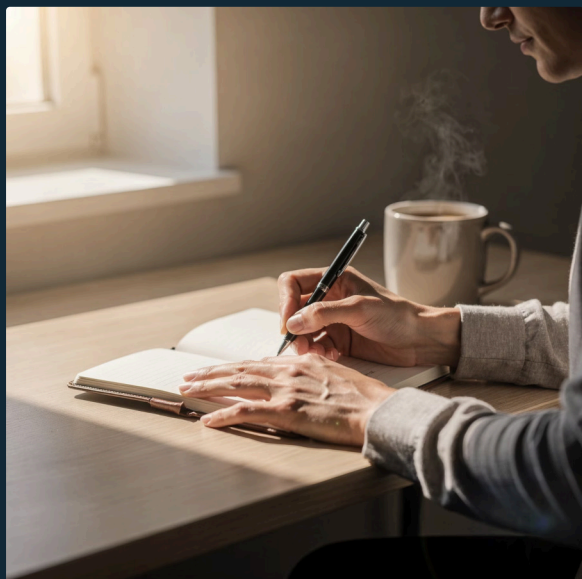
Everything should be stable, upright, and intentionally placed.



## One Object You Like

A plant, lamp, notebook, or tray — one simple thing that brings you calm.

# Step 5: Observe, Don't Force (Daily)



Each day, take 60 seconds to notice — without judgment, without expectation. Just observe.

## Stress Level Today

Low / Medium / High

## Focus Quality

Scattered / Steady

## Mood While Working

Resistant / Neutral / Engaged

## Unexpected Signals

Calls, messages, ideas, opportunities

📌 Don't chase results. Just observe. The data will speak for itself.

# Day 7 & Day 30 Checkpoints

## DAY 7 CHECKPOINT

### Most People Report:

#### Lighter Mind

A subtle but real reduction in background mental noise.

#### Less Resistance to Start Work

The friction of beginning tasks begins to dissolve.

#### Clearer Priorities

What matters becomes more obvious when clutter is gone.

**i** If nothing changes yet → continue anyway. Seven days is just the beginning.

## DAY 30 REVIEW

### Ask Yourself:

#### Is it easier to focus?

Can you sit down and begin work without the usual resistance?

#### Are decisions clearer?

Do choices feel less overwhelming than they did 30 days ago?

#### Did any opportunity appear?

An unexpected call, idea, connection, or opening?

Even one "yes" = the experiment worked.

# Important Rules to Follow

These boundaries protect the experiment from becoming another source of stress or clutter.

## ⊘ Don't Declutter Aggressively

This is a slow, steady practice — not a weekend purge. Aggressive clearing creates anxiety, not calm.

## ⊘ Don't Start Multiple Corners

One corner. Full stop. Spreading your attention defeats the entire purpose of the experiment.

## ⊘ Don't Add "Motivational" Clutter

No vision boards, crystals, or inspirational objects unless they were already there. Adding is not the goal.

## ⊘ Don't Expect Magic

Expect momentum. Small, consistent actions compound into real, measurable shifts over time.

# The Final Note

1

## One Corner

Space begins here.

2

## Space Creates Clarity

When the environment clears, the mind follows.

3

## Clarity Attracts Opportunity

Money, focus, and momentum follow a clear mind.

Money follows clarity. Clarity follows space. Space begins with one corner.

Start today. Pick your corner. Set your timer. Begin.

30 DAYS

ONE CORNER

2 MINUTES DAILY